

# KITCHEN SINK TUNA

## INGREDIENTS

2 cans albacore tuna (5 oz)  
¼ c apple, chopped  
½ avocado, sliced  
¼ c mayo  
¼ c frozen corn  
¼ c crispy onions  
juice from ½ lemon  
¼ c olives  
2 tsp jalapeño, diced  
¼ c relish or pickles  
2 tsp wasabi paste  
salt and pepper  
bread

## DIRECTIONS

In medium bowl, whisk vinegar, lemon juice, mayo and wasabi paste.

Drain tuna, add and stir until evenly combined.

Dice olives, jalapeño, apples, avocado.

Add remaining ingredient to bowl and stir.

Serve on toasted bread or make a tuna melt by adding cheese and grilling until melty.

Can also be served in a lettuce wrap or scoop onto an apple slice.